



Consultation Service Counseling & Career Consulting for all of Doctoral Students and Postdocs

R-MaST

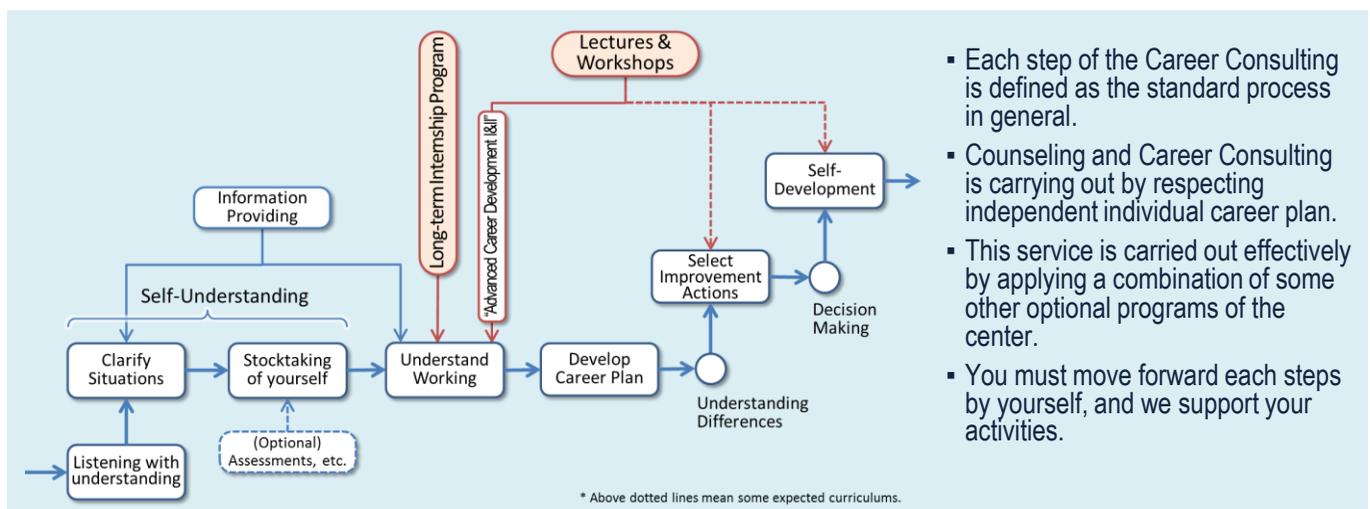
“The Development Program of Career-path for the experts related to Marine Science and Technology” was accepted as the 2011 Young Researchers Training Program for Promoting Innovation funded by the Ministry of Education, Culture, Sports, Science and Technology(MEXT) and the Japan Science and Technology Agency(JST).

● Applicable Examples of Counseling & Career Consulting

In order to enable to make decisions about their career selection autonomously, it is important to support at an early stage of PDs & DCs who have delayed in appropriate career planning and/or have some uneasiness about the future.

- Time has passed vaguely without drawing the future direction.
- I am unable to decide on career course alone because of feeling uneasiness and/or wavering in choice.
- I like to make up my mind to go ahead the course of a teacher or researcher with confidence.
- I sometimes feel uneasy that I do not have neither talent nor aptitude as a teacher and/or researcher.
- I feel various unease about working with other employees in companies.
- I cannot move forward because of being worried and/or annoyed by a trouble of funds, family, dwelling, etc.
- There is no opportunity to know what exactly working for Japanese companies is.
- I am interested in being employed in Japan.
- There is almost no opportunity that foreigners can know in detail about the real situation of looking for a job in Japan.
- There is almost no information about the real situation how foreigners are difficult to seek employment in Japan.

● Fundamental process of the Consultation Service for PD/DC



- Each step of the Career Consulting is defined as the standard process in general.
- Counseling and Career Consulting is carrying out by respecting independent individual career plan.
- This service is carried out effectively by applying a combination of some other optional programs of the center.
- You must move forward each steps by yourself, and we support your activities.

● Examples of Misunderstanding about the Consultation Service for DC/PD

Everything is misunderstood !!

- If I ask the consultation service....
- I will be forced to participate in the long-term internship program.
- I will feel that my future is denied as a teacher or researcher.
- I will be forced to find employment in Japan.
- The advisor of student or Principal Investigator will glare me, and research activities of mine will be influenced.
- My position will become unpleasant because it becomes widely known.
- Lots of questions will be inquisitively asked and preached by the teachers of Career Development Center.
- Foreigners who have few knowledge about Japanese companies must be kept away from the service.
- If the timing of request for the consultation is too early, then it is refused because of meaningless.
- If my intention has not clearly decided yet, the request for having the consultation will not be received.
- The counseling is usually focus on a person who is a mental disorder, and the purpose is to cure the illness.

Using the Consultation Service is not necessarily to premise to find a job in Japan. Furthermore, that will be able to contribute to continue your career choice of becoming a teacher or researcher with firm belief.

● Expected effects of applying the Consultation Service

Support for enabling your career development by your own initiative.

- Become able to clarify your anxieties by yourself
 - Come and talk about your future life and occupations, etc.
 - Share your trouble and uneasiness with us
 - An atmosphere that you feel easy and talk
- Middle and/or long range objectives will be set by yourself
 - Offer an opportunity to consider about your life earnestly
 - Support to develop your career plan as a part of the life plan
 - Support to collect various information regarding occupations, business, etc.
- Become able to recognize what you need to be educated and/or trained
 - Support your stocktaking of career inventories in order to recognize yourself correctly
 - Become able to recognize your insufficient portions clearly
 - Become able to take the action actively in order to compensate the insufficiencies

The consulting service is not carrying out employment placement, but we are supporting together your consideration about your future career which you hope to be.

For more information:

Consult to the following web site, or directly contact to the center.

Career Development Center

E-mail: career@m.kaiyodai.ac.jp

Phone: 03-5463-0575

<http://www.kaiyodaicareer.com>